

Nourish to Flourish Fund

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Feeding the mind, body, and spirit of the youth in our community.

Concerned parents of the Sherrard School District were alarmed to learn from their children of classmates' basic needs for clothing and nutrition were not being met. In 2014 Nourish to Flourish was founded in hopes of making a difference.

The Backpack Program, a resource of River Bend Food Bank became part of Friday afternoon distribution to students in need, supplementing their weekend nutrition. All items are child friendly with regards to preparation and vitamin fortified.

Low-income/ at-risk students comprise 31 - 48% of the elementary and intermediate Sherrard School District population. Feeding one child during the 38-week school year costs \$150. Children learn best when their needs are met.

Clear improvements from the implementation of this program can be found:

- Reading/math scores
- Monday and Friday attendance
- Behavior and attention spans
- Overall learning environment and greater interaction in each classroom
- Reduced Nurse's office visits

Please support **Nourish to Flourish** and its Backpack program for the children in the Sherrard Schools.

